



Dear Parent/Guardian:

Your child's school is participating in the **GO! St. Louis Read, Right & Run Marathon**® program for the 2021-2022 school year. GO! St. Louis®, a local non-profit organization, encourages individuals and families in the St. Louis region to adopt a healthy and active lifestyle year round.

The **GO! St. Louis Read, Right & Run Marathon**® is a fully integrated marathon program for children in grades K-8 that focuses on literacy, fitness, and character development. Students are challenged to **READ** 26 books, **RIGHT** the community with 26 good deeds and learn to set goals to **RUN** the necessary miles in preparation for their final race. After 26 weeks of hard work, the program culminates each year when the students complete their race day goals at the GO! St. Louis Family Fitness Day in Forest Park on **April 2, 2022**.

As GO! St. Louis Read, Right & Run Marathon® participants, your child will:

- Meet at certain times with their school group to work together on parts of the program.
- Receive an activity journal to record each book, mile, and deed accomplished (fun activities included, too!)
- Participate in the final event on **April 2, 2022** in Forest Park, where each K-5 student runs the last 1.2 miles and each 6-8 student runs the last 5K of their marathon and crosses the finish line.

We hope you will consider having your child participate in this annual event. Research shows that regular exercise actually improves many areas of brain function including memory, stress reduction, and attention span. All of these areas point toward academic success. We know that involving our students in physical activity, especially outdoors, is more critical than ever. GO! St. Louis is ready to host an event for your students that will adjust to any conditions that spring 2022 may bring. Our first plan is to host our event live in the traditional format. If we need to stagger start times, we will be prepared to do so. And finally, if we need to support virtual options with individual schools hosting, we will also have a plan in place for that.

To register your child, visit:

<https://runsignup.com/Race/MO/SaintLouis/GOStLouisReadRightRunMarathon>

Please direct any questions to your school's Read, Right & Run Coordinator.

Happy Running! We hope to see you on April 2, 2022!

Sincerely,
GO! St. Louis