

To: Parents/Guardians

Re: Medicine at Camp Wyman, 2017

**PLEASE READ THOROUGHLY**

In order to insure that your child has the medication he/she needs at camp, please follow these guidelines:

**All medications that your child will need at camp must be delivered to the school clinic on Friday morning, the week before camp.**

Sirius: September 15

Polaris: September 22

Atlas : October 13

Vega: October 20

- Deliver** any prescription medications in the original prescription bottle and labeled with the name of the child, medication, dosage, and times to be given.
- Deliver** any over the counter medication (*Benadryl, Zyrtec, etc.*) in the original package and with a note indicating dosage and times needed.
- Be aware:** Your school nurse will provide Tylenol and Ibuprofen tablets; however, if your child cannot swallow pills, please send a liquid or chewable substitute.
- If your child has severe allergies** to bee stings, you must provide an **EPI-pen** to be carried with your child while in the woods.
- If your child uses an inhaler** and you have NOT given one to the school, please send it on Friday. **Important to check** expiration dates, and **check** that there are enough doses in the canister.
- Place all medications in a large zip-lock bag** (or small one if appropriate). Please send the smallest bottle/box available for the amount your child will need, (space is limited). And please, NO PILLS IN BAGGIES and NO PRE-FILLED CADDIES.
- Label the outside of the bag** with child's name, teacher, team, and "Camp Wyman." **In the bag**, include a list of the medications with any instructions. (*i.e. "take daily" or "as needed" etc.*)
- Call** the school nurse regarding medications that can not be brought to school until the morning of camp or regarding any medicines that need to stay with the student in his/her cabin.

**Finally**, The "Outdoor Education Application Form" has a section that you can fill out giving permission for Tylenol, Ibuprofen and Benadryl. Or you can send me an email giving permission.

Feel free to contact me with any questions or concerns. Thank you.

**Mindy Bielik, School Nurse**

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