

WGSD Wellness Report

February 27, 2017

2016-2017 Highlights

- Exterior Room Signs Visible to First Responders (in progress)
- Staff ID's (in progress)
- Student Services Twitter Account--@WGSDStServices
- Counselor/Social Worker/Nursing PD

WGSD Counseling

Model Guidance Program

- Guidance and Counseling Curriculum
- Individual Planning
- Responsive Services
- System Support

Elementary Guidance and Counseling Curriculum

- Caring Community Anti-Bullying Program
- Weekly Lessons in Classrooms
 - Conflict Management
 - Managing Emotions
 - Respect
 - Responsibility
 - Relationships
 - Coping Skills
 - Understanding Self
 - Communication Skills
- Transitioning to 6th grade
- Transition to Kindergarten
- Communication/Information/Newsletters to Parents
- Alcohol, Tobacco and Drug Prevention Education

Elementary Individual Planning

- Individual Planning Conferences
- Parent Meetings
- IEP Meetings
- 504 Meetings
- Data Team Meetings
- Check In/Check Out
- Individual Counseling

Elementary Responsive Services

- Collaboration with SSD
- 504 referrals and participation
- Referrals to community resources and agencies
- Crisis Counseling
- Truancy Intervention
- Homebound
- Fundraising for those in need
- Student Concern Meetings
- Groups:
 - Mindfulness/Yoga
 - Divorce
 - Grief
 - Social Skills
 - Self Esteem
 - Boot Camp
 - Lunch Bunch
 - Leadership Academy
 - Anxiety

Elementary Support Services

- Building and District Committees
- Coordinate with Community Agencies
- De-escalation Training
- SSD Transfer Reactivations
- Testing
- PD for staff

Hixson Guidance & Counseling Curriculum

For Students:

- 6th Grade Transition
 - Tours
 - Parent Orientation
 - Classroom Talks
- Summer Transition Day
 - What's Up With Middle School?
- 8th Grade Four Year Plans
- 7th & 8th Grade Career Lessons
 - Career Fair
 - Missouri Connections
- Sexual Harassment, Bullying, Positive Relationships, Cyberbullying
- Rachel's Challenge
- Peer Ambassadors
- Angel Stockings (Cards for Troops)

For Parents:

- PTO Speaker Series
- Middle Years Newsletter
- Counseling Facebook Page

For Community:

- Rachel's Challenge
- Holiday Baskets
- Holiday Meal Baskets
- Gas/Grocery Gift Cards

Hixson Individual Student Planning

- Individual Planning Conferences (ongoing)
- IEP Meetings
- 504 Meetings
- Weekly Team Meetings
- Individual Parent Meetings
- Data/RTI Meetings
- Creative Scheduling

Hixson Responsive Services

Ongoing

- Team Referrals and Participation
- SSD Referrals and Participation
- 504 Referrals and Participation
- Classroom Observations and Data Collection
- Referrals to Outside Counseling Resources
- Referrals for Direct Counseling Inside Building
- Crisis Counseling for Students
- Student Social/Emotional Testing (BASC)
- Suicide Assessment and Referrals
- Truancy Interventions
- Referrals to Outside Tutors
- Referrals to Family Resources
- Homebound
- Retention Data Collection
- Peace Room

Groups

- Mindfulness/Yoga
- Divorce
- Grief
- Social Skills
- Self Esteem
- Communication Skills

Hixson System Support

- Building and District Committees
- Coordinate with Preferred Family Healthcare, NCADA, CHADS, and Safe Connections
- Registration
 - 6th-7th
 - 7th-8th
 - 8th-9th
- Lunch Supervision
- Counseling Website and Facebook Page
- After School Supervision
- Master Schedule
- New Student Registration
- De-escalation Training
- Alternative Consequences
 - In-school suspension
 - Drug support classes (PFH)
 - Community service
 - On team suspension

- SSD Transfer Reactivations
- Homebound Paperwork
- Lunch Balances
- Scheduling (Initial and Changing Students)
- Scheduling for Epworth and Knobel Classroom Students
- Testing
 - NAEP, MAP, EOC, Math Placement
- Summer Enrollment/Scheduling
- Tech Liaison for Testing
- Provide Snacks/Supplies for Students
- Positive Behavior Team
 - 2 X 10 Mentoring
 - Book Study Restorative Practices

WGHS Guidance and Counseling Curriculum

For Students:

- 8th Grade: HS Planning and Transition
- 9th Grade: “Developing Your Four-Year Plan”
- Homework, Organization, and Planning Skills intervention in Freshmen Academic Lab classes
- 10th Grade: “Are You On Track?”
- 11th and 12th Grade: various College and Career Planning Lessons
- ACT Prep class lessons
- Curriculum embedded with Personal Finance: Career Planning (“Do What You Are”, Career Interest Profiler, Resume Builder)
- College Camp (summer school)

For Parents:

- Parent Forum on drugs and alcohol use
- “The Roadmap to College”
- Sophomore Parent Night
- Junior Parent Night
- “The College Search”
- Senior Parent Night
- Financial Aid Night
- Annual College Fair (students and parents)

WGHS Individual Student Planning

- Individual Planning Conferences (ongoing 9-12)
- High School Planning Conference (9)
- Post Secondary Planning Conference(s) (11-12)
- Annual transcript review and course selection (9-12)
- IEP Meetings (9-12)
- 504 Meetings (9-12)

WGHS Responsive Services

Ongoing:

- Care Team referrals and participation
- SSD referrals
- 504 data collection/eligibility determination and case management
- Referrals to outside counseling resources
- Referrals for outside tutoring
- Crisis counseling for students as needed
- Resource referrals for families
- Suicide assessments and referrals for care
- Involvement with Children's Division hotline calls and investigations
- Parent/guardian meetings to address concerns at home and/or at school
- Truancy warning letters, interventions, and referrals to Family Court
- Problem Solving with Function

Groups:

- Wyman Connection Project liaison
- Girls Group--Therapeutic group for girls to rebuild confidence after experiencing trauma (Safe Connections)
- FaCE--Provide resources and support to students who are pregnant or parenting (Ambrose)
- Why Try--building of social, emotional, and leadership skills (Catholic Family Services)
- Strong Teens--promotes resilience, strengthening assets, and increasing coping skills of high school students (Catholic Family Services)
- Girls Anxiety Group(s)--Therapeutic and psychoeducational groups to help girls with anxiety to develop skills to effectively reduce anxiety and improve self-image
- Guys Group--topics relevant to guys about school, friends, and family. The group will discuss coping strategies for stress and other difficult situations.

WGHS System Support

- Building and District committees (various)
- Colleague Group facilitation
- College admissions representatives visits
- College applications and transcripts (1,200+ a year)
- Coordinate with Preferred Family Health and NCADA
- Course Description Book and website
- Dual credit coordination (UMSL, SLU, MSU)
- Foreign exchange students
- Local scholarship coordination
- Lunch supervision
- Manage Counseling Department website

- Master schedule
- Military liaison
- NCAA Eligibility Center coordination
- New Student (grades 10-12) Orientation
- PBIS “Spirit Notes”
- Scheduling (initial and changes) students
- Scheduling for Epworth Knobel classroom students
- Special testing requests and administration
- Summer school enrollment
- Tech School liaison
- Testing coordination (EOC, EOP, PSAT, PreACT, statewide ACT, AP)

WGSD Counseling Community Resources

- PFH
- BJC
- Safe Connections
- NCADA
- Webster Rock Hills Ministries
- CHADS Coalition
- Local psychologist/psychiatrist/therapist
- UMSL
- Great Circle
- Epworth
- Family Support Network
- Wyman
- Webster Groves Women's Group
- Sensory Solutions
- Knights of Columbus
- Private Agencies
- Annies Hope
- Kids in the Middle

WGSD Suspension Data

Celebrations:

Since 2011-2012

- 41% drop in students suspended out of school
- 69% drop in the number of females suspended
- 35% drop in number of males suspended
- 19 % drop in African-American students suspended

WGSD Suspensions K-12

11/12	12/13	13/14	14/15	15/16	16/17*
369	357	246	261	216	49

*Through 1st Semester

WGSD Suspensions--K-5

Grade	11/12	12/13	13/14	14/15	15/16	16/17*
Kdg	6	4	17	9	2	6
1	2	14	7	2	3	1
2	5	21	9	6	4	4
3	15	14	12	7	13	1
4	6	8	9	4	6	1
5	11	10	6	9	7	2
Total	45	71	60	37	35	15

*Through 1st Semester

WGSD Suspensions 6-8

Grade	11/12	12/13	13/14	14/15	15/16	16/17*
6	28	8	12	24	16	2
7	31	38	17	37	45	6
8	68	59	35	41	53	9
Total	127	105	64	102	114	17

*Through 1st Semester

WGSD Suspension 9-12

Grade	11/12	12/13	13/14	14/15	15/16	16/17*
9	61	29	32	33	13	6
10	48	76	39	39	30	1
11	50	25	28	23	13	4
12	38	51	23	27	11	6
Total	197	181	122	122	67	17

*Through 1st Semester

WGSD K-12 Suspensions by Gender

Gender	11/12	12/13	13/14	14/15	15/16	16/17*
Male	272	269	182	202	176	44
Female	97	88	64	59	40	5

*Through 1st Semester

WGSD K-12 Suspensions by Race

OSS by RACE	1112	1213	1314	1415	1516	1617	1 Sem
	TOTAL	TOTAL	TOTAL	TOTAL	TOTAL	TOTAL	TOTAL
White	127	127	101	106	103	25	
Male	108	109	93	91	95	22	
Female	19	18	8	15	8	3	
Black	230	210	127	132	95	18	
Male	155	145	71	93	67	16	
Female	75	65	56	39	28	2	
Asian/Pacific Islander	4	5	1	3	1	0	
Male	4	5	1	3	1	0	
Female	0	0	0	0	0	0	
Hispanic	5	7	3	7	7	3	
Male	3	3	3	4	5	3	
Female	2	4	0	3	2	0	
American Indian/Alaskan	1	1	0	1	0	1	
Male	0	0	0	1	0	1	
Female	1	1	0	0	0	0	
Multi Racial	2	7	14	12	10	2	
Male	2	7	14	10	8	2	
Female	0	0	0	2	2	0	
TOTAL	369	357	246	261	216	49	

WGSD Suspension Data

Areas for Growth:

- Reduce Suspensions, Especially Among African-American Males
- Continue Work in Restorative Practices
- Provide PD and Training For All Staff
- Explore Alternative Forms of Consequences
- Revisit Discipline Policies
- Continue to Support Students Through School-Wide Behavior Programs

PK-8 Activities to Promote Safe and Healthy Lifestyles

- Dental Lessons
- Monthly Nutrition and Wellness Activities
- Dance Parties
- Health Fairs
- Walk to School Events
- Walking School Bus
- PE Classes Teaching Safe and Healthy Lifestyle Choices
- Red Ribbon Week
- Health Education Lessons
- Information through Newsletters
- Brain Breaks
- Girls on the Run

Steger 6th Grade Center Wellness Activities

- Human Growth and Development Unit in Science Classes
- Girls on the Run
- Leadership Boot Camp
- Camp Wyman
- Information to Parents on Social Media and Cyberbullying
- Caring Communities Anti-bullying Program
- Monthly Counselor Lessons
- Lessons on Tolerance and Appreciating Differences
- NCADA Lessons on resistance to tobacco, alcohol, and drugs
- Metro Theatre Residency--“Say Something, Do Something”
- Information in Parent Newsletters

Hixson Middle School Wellness Activities

- 27 after school clubs and activities
- Rachel's Challenge
- Hixson Health Fair
- Health Classes focused on responsible decision making, healthy relationships, abstinence, sexually transmitted diseases, stress and depression, and suicide prevention.

Hixson Middle School Wellness Activities

- Preferred Family Health and WGPD classroom presentations
- Fitness Club
- Campus Club garden to table activities
- “Report a Concern” link on Hixson website main page
- Bully awareness activities conducted by principals, counselors and staff
- Brain Breaks
- PE for Life

WGHS Wellness Activities

- Presentations and assemblies at all grade levels by principals, outside agencies and counselors
- PBIS - Student group promoting Respect, *Responsibility*, Involvement, *Safety*, *Education*
- Students As Allies
- Athletics coaches meeting with parents and contract to refrain from drugs
- Anti-bullying action plan

WGHS Wellness Activities

- Students As Allies
- Athletics coaches meeting with parents and contract to refrain from drugs
- Anti-bullying action plan
- Healthy choices vending machine
- Safe Schools Hotline and Textline
- Safe and Drug Free School Committee
- Parent Forum in the fall
- Parent Teacher Conference – Table with handouts

WGHS Wellness Activities

- Parent Teacher Conference – Table with handouts
- Parent Link – Information regarding alcohol and other drugs written by school social worker, school crisis counselor, and Preferred Family Health staff
- Process developed for informing parents when we hear rumors about their son or daughter using drugs outside of school.

Thoughts or Questions?